

**Academic Summary**  
**Nathan Matza, MA, DrPH<sup>(c)</sup>, CHES**  
**nmatza@csulb.edu**



Nathan Matza has worked for more than four decades as a full time high school teacher, health science teacher and professor, and currently, is a lecturer in the Department of Health Science at California State University, Long Beach. He holds a Bachelor of Science and Master of Arts Degree, (California State University, Long Beach) and postgraduate research for a Doctorate of Public Health, (DrPH), (Loma Linda University). He also holds credentials as a Nationally Certified Health Education Specialist (CHES), and life credentials, in secondary teaching (health science & biological science), standard supervision (administrative), and Specially Designed Academic Instruction in English (SDAIE) from the state of California. He also holds a certificate in computer technology from Boise State University.

### **Teaching Experience**

As a high school teacher Matza taught: physiology, biology, field biology, life sciences, integrated science, health science, computer skills and health science for English Language Learners (ELL) students. His major focus of teaching has been health science education since 1977. As a university professor he taught: HSc 411b, Health Science for Teachers since 1983, and EDSS 300, 450, credential classes and methods for teaching health education for health majors. He also taught HSc 210, Introduction to Health Science, and supervised student teachers as a master teacher and university supervisor at middle and high schools in LA and Orange County.

### **Writing and Volunteering Experience**

Professor Matza was a contributing author of *The Health Framework for California Public Schools: Kindergarten Through Grade Twelve*, (1994). **He has also written:** *A Curriculum Guide For Health Education* (1989, 1995), *Contemporary Health Education*, (1995, 1998), contributing author of *Project Teach Health Pre-service Resource Manual for University Instructors of Health Education* (1993, 1999), *Tobacco Use Prevention, in, The Comprehensive School Health Challenge*, Cortese, Middleton, eds., (1994, ETR Associates), and two college textbooks for secondary educators, *Health Science for Teachers* (1998, Revised edition 2004, 3rd ed., 2007, 4th ed., 2010, 5th ed., 2012-in press), and *Creative Health Science Lessons* (1998). Matza also served as a contributing author to the *Los Angeles Times*. He has been a member of the executive board of the California Association of School Health Educators (CASHE) since 1980, and has published articles in *The California Association of Health, Physical, Education, Recreation and Dance Journal* (CAHPERD) and the CASHE Newsletter. Additionally, Matza:

- Publishes a comprehensive list of Health Education Internet Websites at [nmatza.net](http://nmatza.net)
- Served as a policy board member of the statewide California Physical Education-Health Subject Matter Project (CPE-HP) (1998-2003);

- Volunteered as a committee member for the Orange County Coalition to Prevent Teenage Pregnancy (1999-2002);
- Served and as a member of peer nominated, statewide Leadership Enhancement and Development in Health Forum (LEAD) at the California State Department of Education. (2000-2002);
- Served on the Subject matter curriculum project (2001-2003);
- Delivered numerous workshops at the California Health Framework Conferences (1999-2002);
- Volunteered for Career Day at Bret Harte Middle School, LAUSD (2008-2009);
- Volunteered for the California Department of Education Health Education Assessment Project (HEAP) (2008-2009);
- Attended the University of Southern California Keck School of Medicine Childhood Obesity Conference, Los Angeles CA (2008, 2009, 2010);
- Volunteered as a technical consultant for the National Association of Hispanic Nurses and the California School Nurses Association (2005-2009);
- Presented a workshop on Health Education at The School Nurses Organization of Arizona (SNOA), Phoenix Arizona (2010);
- Delivered numerous workshops, lectures on health education and technology in LA and Orange County School districts;
- Has written many curriculum materials, including a summary of the State Health Framework for the Orange County Department of Education;
- Researched laws and mandates for the Healthy Kids Resource Center Website (2009);
- Served on numerous district, county and statewide committees on health education, and has taken a leadership role for the advocacy of health education of all students; and
- Addressed school boards of education in Los Angeles, Huntington Beach, and the California State Board of Education on health standards, and curricula issues.

**Nathan Matza also served as a consultant for the:**

- California State Department of Education;
- Los Angeles County Department of Education;
- Los Angeles Unified School District;
- Orange County Department of Education;
- Huntington Beach Union High School District;
- Buena Park School District;
- San Diego City Schools;
- San Diego County office of Education;
- California State University Fullerton;
- Paramount Unified Schools;
- California Maritime Academy (CASHE Conference);
- Alameda County Department of Education;
- National Association of Hispanic Nurses (NAHN)
- California School Nurses Association (CSNO) and;
- The California State Board of Education on health standards.

## **Summary**

Nathan Matza has been recognized as an expert in health education teaching and served a six-year assignment as a district level Mentor Teacher for health teachers, advised college graduate students, teachers, administrators, school boards and parents. Matza has been selected as a Teacher of the year and a finalist for the President's Award for Excellence in Teaching Professor Matza has been a teacher for over 40 years and; At age 17 he earned the Eagle Scout Medal, Boy Scouts of America.

**Contact Information: [nmatza@csulb.edu](mailto:nmatza@csulb.edu).**